

UTD Student Counseling Center Needs Assessment

In order to provide services that are most helpful to our campus community, we ask that you take a few moments and complete this needs assessment. Your responses will be used to inform our outreach and intervention activities both to your department and the general student population. You may leave your name blank if you wish, but please fill in your department.

Name: _____

Department: _____

Email: _____

Would you like to receive periodic emails from the Student Counseling Center regarding upcoming events, new services, and other mental health information? Yes _____ or No _____

1. What, if any, are defining characteristics of the student population you work with (i.e., demographic information, honors students, first-generation college, transfer students, student veterans)?

2. What are overall needs of your student population, both academically and regarding mental health?

3. What types of mental health concerns do you see the most when meeting with students (i.e., anxiety, depression, adjustment, social concerns, substance use)?

4. Does your office have a standard protocol for dealing with students in psychological distress? If so, would you please briefly share what you do?

(Please complete back side)

5. What programming do you think the Counseling Center could offer that would really **benefit your students** (i.e., time/stress management, eating disorders/body image, substance use, suicide prevention, anxiety/depression, family/relational concerns, adjusting to college life)?

6. What, if any, programming or information on mental health topics do you think the Counseling Center could offer that would really **benefit your staff/student workers** (i.e., helping a student in distress, talking with parents, diversity awareness)?

Additional Comments:

Thank you for taking time to fill out this survey for us! Please return via email at anw120030@utdallas.edu or the Student Counseling Center SSB45.