

Stereotype Threat: Defying Stereotypes and Defining Yourself

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Learning Experiences Exploration

- 1) When you were in elementary school what did your teachers say about you? What about in middle school and in high school?
- 2) What parts of elementary/middle school/high school did you like? What didn't you like?
- 3) What did your family think of your academic ability?
- 4) What did your friends think of your academic ability?
- 5) What messages did you get from the media or from your environment that shaped how you saw your academic ability?
- 6) What are some stereotypes or labels that others have made about you or that you have placed upon yourself that may impact your sense of your own academic capabilities?