

LOVES

ΔΦΩ . ΑΔΘ . ΣΨΖ . ΔΦΕ . ΚΦΓ . ΚΕ . ΑΣΤ . ΣΦΖ . ΣΗΑΚ.



Your Body.



Yourself.



Your Sisters.



2014 National Eating Disorder Awareness Week | February 23 – March 1

Student Health and Counseling & Fraternity and Sorority Life

The Student Health and Counseling Office as well as the Fraternity and Sorority Life Office are collaborating to raise awareness for the 2014 National Eating Disorder Awareness Week, Feb. 23 – Mar. 1. This week is dedicated to raising awareness around eating disorders and empowering students to make healthy choices. We welcome everyone to join and support us during this week as we raise awareness for this cause.

Monday, February 24th

◆ Why do you wear PURPLE? Instagram Challenge

Support this cause by wearing purple throughout the day. Upload your photos in Instagram and make sure to share them with us @USciGreekLife. Make sure to tell us why you wear purple!

◆ Mirrorless Monday

Can you go an entire day without looking in the mirror? Look for paper-covered mirrors in the ARC and selected residence halls and tell us what defines you other than what you see in the mirror.

Tuesday, February 25th

◆ The Great Jeans Giveaway

Jeans will be collected all week in the ARC Lobby. Decorate a pair of jeans on 2/25 in the ARC Lobby at 6 pm.

Bring any jeans that don't fit properly (too big or too small!) and we'll donate them to a local shelter in our community. While you're at it, decorate the jeans on display with your inspiring messages! All jeans will be donated to a local shelter in our community.

Wednesday, February 26th

◆ The Art of Recovery

(STC Atrium 1 pm–3 pm)

The Renfrew Center Foundation presents an exhibit of artwork by women in recovery from eating disorders. Refreshments will be served!

Thursday, February 27th

◆ Breaking the Stigma

(Wilson Dining Hall 1 pm–3 pm)

We invite all students to share the any negative stigma, comments, or stereotypes that they have experienced in their life. We will then breakdown the wall of stigma.

◆ Rate Your Plate

(Wilson Dining Hall 1 pm–3 pm)

Get your plate rated by a Sodexo Dietician to find out more about your meal selection!